

## THE 31st REGIONAL CONGRESS OF THE PERINATAL SOCIETY OF MALAYSIA 2025

Venue: Doubletree By Hilton Shah Alam I-City, Shah Alam, Selangor, Malaysia.

Venue: Doubletree By Hilton Shah Alam I-City, Shah Alam, Selangor, Malaysia.  The Art & Science of Perinatal Health: Challenges, Strategies & Solutions												
Time	PRE-CONGRESS WORKSHOP  Time CONGRESS DAY 1					Time CONGRESS DAY 2			Time CONGRESS DAY 3			
/ Date	Thursday 1		ne 2025	/ Date	Friday 20 <sup>th</sup> June 2025		/ Date	Saturday 21 <sup>st</sup> June 2025		/ Date	CONGRESS DATS	
0745 - 0815	WORKSHOP REGISTRATION W1: Comprehensive Care for Tiny Babies	0800 _ 0900	WORKSHOP REGISTRATION W2: Team STEPPS® - An Introductory Training	0730 - 0815	REGISTRATION  MORNING COFFEE		0730 - 0815	REGISTRATION  MORNING COFFEE		0730 - 0815	REGISTRATION  MORNING COFFEE	
0815 - 0830 0830 - 1045	Welcome & Introduction AZANNA A KAMAR  ESSENTIALS OF THE GOLDEN HOUR  Wla: How to Optimise the	0845 - 0900 0900	Welcome & Introduction to TeamSTEPPS® ZALEHA MAHDY  Pre-Test: Participants scan QR code to undertake a short quiz for baseline	0815 - 0900	CONGRESS HALL 1  P1. FAOPS PLENARY LECTURE CHAIRPERSON: NEOH SIEW HONG  Reducing Stillbirths and Neonatal Deaths – The Way Forward ADRIENNE GORDON Australia		0815 - 0900	P3. THE LATE DATO' DR. LIM NYOK LING MEMORIAL LECTURE CHAIRPERSON: AZANNA A KAMAR Management & Outcomes of Periviable Births - Japanese Experience & the i/AsianNEO Collaboration TETSUYA ISAYAMA Japan		0815 - 0900	CONGRESS HALL 1  P4. OBSTETRICS PLENARY LECTURE CHAIRPERSON: ZALEHA MAHDY  Cardiac Diseases in Pregnancy	
0830 - 0915	Golden Hour for the Tiny Baby – An Overview KHOO POH CHOO	0915	assessment of their existing knowledge on TeamSTEPPS®								TAN LA Singa	- A Perinatal Perspective TAN LAY KOK Singapore
0915 - 0945	W1b: The First Barrier - Thermoregulation & Skin Care from the 1 <sup>st</sup> Minute to Beyond YVONNE NG	0915 _ 0930	Briefing and Ice Breaking	0900 - 1040	CONGRESS HALL 1 SYMPOSIUM 1 PERINATAL MORTALITY & MORBIDITY CHAIRPERSON: ERIC ANG	CONGRESS HALL 2 SYMPOSIUM 2 PRETERM BIRTH & THE SMALL FETUS CHAIRPERSON: FATHI RAMLY	0900 - 1040	CONGRESS HALL 1 SYMPOSIUM 5 THE TINY BABIES CHAIRPERSON: IRENE CHEAH GUAT SIM	CONGRESS HALL 2 SYMPOSIUM 6 HYPERTENSIVE DISORDERS IN PREGNANCY CHAIRPERSON: VOON HIAN YAN	0900 - 1040	CONGRESS HALL 1 SYMPOSIUM 11 EMERGENCIES & STABILISING THE NEONATE CHAIRPERSON: WONG ANN CHENG	CONGRESS HALL 2 SYMPOSIUM 12 OBSTETRIC EMERGENCIES CHAIRPERSON: JAMIYAH HASSAN
0945 - 1015	W1c: Guideline Comparison  - Fluid Requirement in ELBWs AZANNA AHMAD KAMAR	0930	Learning Objectives and Introduction to TeamSTEPPS®:	0900 - 0930	S1A. Small Babies, Big Risk: Reducing Morbidities in Babies Born SGA ADRIENNNE GORDON Australia	S2A. Challenges in Prevention PIYA CHAEMSAITHONG Thailand	0900 - 0930	S5A. Preterm Births <32 Weeks in Malaysia – Lessons Learned from the MNNR BOO NEM YUN	S6A. First Trimester Prediction & Prevention of Pre-Eclampsia PIYA CHAEMSAITHONG Thailand	0900 - 0930	S11A. The Bleeding Infant – Approach to Coagulopathy LILIAN NGO	S12A. Optimal Prenatal Diagnosis of Placenta Accreta Spectrum (PAS) SAVITREE PRANPANUS Thailand
1015 - 1045	W1d: Strategies for Lung Recruitment and Rescue at Birth in ELBW infants WONG ANN CHENG	1000	Slides 4-8.	0930 - 1000	S1B. The Perinatal "Autopsy" – Lessons Learned TAN GEOK CHIN	S2B. Preterm Birth - Management Options JAMIYAH HASSAN	0930 - 1000	S5B. Management of MicroPreemies – Experience Sharing & Evidence-Based Framework YVONNE NG	S6B. Aspirin & the Placenta JAMIYAH HASSAN	0930 - 1000	S11B. Intrapartum Suctioning, Ventilation Strategies & Controversies in the Management of Meconium Aspiration Syndrome (MAS)	S12B. Peripartum life- threatening diseases: amniotic fluid embolism and aortic dissection HENRICH WOLFGANG
1115	TEA BREAK	- 1015	TEA BREAK					Singapore			ERIC ANG S11C. Tailor-Made	Germany
1115 - 1145	W1e: Transporting the ELBW Infant – Problems & Troubleshooting ERIC ANG	1015 - 1100	Communication: Slides 9-17. Play video Slides 10 & 13. Role play Slides 11 and 16.	1000 - 1030		S2C. Doppler Assessment n Fetal Growth Restriction VOON HIAN YAN	1000	S5C. Guaranteeing Haemodynamic Stability of ELBW Neonates AGNES TAN SUN MEE	S6C. Maximising Pharmacotherapy TAN LAY KOK Singapore	1000 - 1030	Circulatory Management of Severe Persistent Pulmonary Hypertension of the Newborn (PPHN) TETSUYA ISAYAMA Japan	S12C. Treatment Options for Placenta Accreta Spectrum SAVITREE PRANPANUS Thailand
1145 - 1305	THE GOLDEN HOUR 'HANDS-ON' (4 Groups – swap every 20 mins)	1100 - 1130	<b>Team Leadership:</b> Slides 18-24.	1030 - 1040 1040 - 1100	Q&A	Q&A REAK	1030 - 1040 1040 -1100	Q&A	Q&A BREAK	1030 - 1040 1040 -1100	Q&A	Q&A BREAK
1145 - 1205	Station 1: The First Barrier - Thermoregulation, Humidity & Skin Care YVONNE NG/ NURSE	1130 - 1200	Situation Monitoring: Slides 25-31. Self reflection on Slide 29.		CONGRESS HALL 1  OPENING CEREMONY  Graced By  THE HONOURABLE PSM PATRON  YTM RAJA DATO' SERI ELEENA ALMARHUM SULTAN AZLAN SHAH  ******  POSTER PRESENTATION SESSION AND VISIT TO EXHIBITION BOOTHS		1100 - 1245	CONGRESS HALL 1 SYMPOSIUM 7 FAMILY-INTEGRATED & FOLLOW-UP CARE CHAIRPERSON: NEOH SIEW HONG	CONGRESS HALL 2 SYMPOSIUM 8 MODELS OF PATIENT & FAMILY-CENTRED CARE CHAIRPERSON: LIM SENG KEAT	1100 - 1210	CONGRESS HALL 1 SYMPOSIUM 13 Immune Health & Nutrition CHAIRPERSON: CHEAH FOOK CHOE	CONGRESS HALL 2 SYMPOSIUM 14 Gynaecological Conditions in Obstetrics CHAIRPERSON: ZALEHA MAHDY
1205 - 1225	Station 2: Neurodevelopmental Care & Positioning for ELBW Infants KHOO POH CHOO/ NURSE	1200 - 1230	Mutual Support: Slides 32-41. Role play on Slides 37 and 40.				1100 _ 1130	S7A. How to Initiate & Sustain Family Integrated Care (Fi Care) NEONATAL NURSE PRACTITIONER Singapore	S8A. Overview of Family Centred Care NADZRATULAIMAN WAN NORDIN	1100 - 1130	S13A. Enhancing Immunity with Early Nutrition – Early Colostrum & Antenatally Expressed Breast Milk KARTIKA DARMA HANDAYANI Indonesia	S14A. Caesarean Scar Ectopic JAMIYAH HASSAN  S14B. Ovarian Cyst in Pregnancy – Remove, Or Not? VOON HIAN YAN
1225 - 1245	Station 3: Lung recruitment - Early CPAP (enCPAP) for ELBW during resuscitation WONG ANN CHENG/ AZANNA A KAMAR	1230 _ 1245	Debriefing / Take Home Messages: Slides 42-44. Video from YouTube on Slide 44 (optional).	1100 - 1245			1130 - 1200	S7B. Post-Discharge Follow-Up for High-Risk Infants KHOO POH CHOO Singapore	S8B. Models of Perinatal Care in the Community CAROL LIM KK	1130 - 1200	S13B. Evidence-Based TPN Prescription: How Best to Determine Nutrition Requirements YVONNE NG Singapore  Q&A	S14C. Value of Placental Examination – An Autopsy for Obstetricans PIYA CHAMESAITHONG Thailand
1245 - 1305	Station 4: Transporting the ELBW Neonate  - Initial settings and the set- up of transport incubator & ventilator ERIC ANG/ LILIAN NGO	1245 _ 1300	Post-test and Closure: Participants scan QR code to undertake a short quiz for re- assessment of their knowledge on TeamSTEPPS®.				1200 - 1230 1230 - 1245	S7C. Bereavement Counselling Post-Perinatal Loss: How Should This Be Done? ADRIENNE GORDON Australia	S8C. The ECHO Model of Patient-Centred Care in Perinatology ZALEHA MAHDY	1210 1210 1310	CONGRESS HALL 1 FORUM CHAIRPERSONS: AZANNA AHMAD KAMAR & JAMIYAH HASSAN  The Mother, Her Fetus & The Society:	
1305	LUNCH			1245	LUNCH SYMPOSIUM CONGRESS HALL 1 CONGRESS HALL 2 END OF CONGRESS		GRESS					
1400 1400 - 1530	MONITORING & STABILISING THE ELBW			1415	CONGRESS HALL 1  P2. OBSTETRICS PLENARY LECTURE CHAIRPERSON: JAMIYAH HASSAN  Chitosan Tamponade: The Game Changer in The Treatment of Postpartum Haemorrhage HENRICH WOLFGANG Germany  CONGRESS HALL 1 SYMPOSIUM 3  CONGRESS HALL 2 SYMPOSIUM 4		1415 1415 - 1600	CONGRESS HALL 1 SYMPOSIUM 9 SEPSIS IN NEWBORNS CHAIRPERSON: AZANNA AHMAD KAMAR	CONGRESS HALL 2 SYMPOSIUM 10 THE DELIVERY SUITE CHAIRPERSON: CAROL LIM KK			
1400 - 1430	W1f: Nomograms and Red Flags for ELBWs: Making Sense of Vital Signs to Guide Decisions AGNES TAN SUN MEE W1g: Point of Care			1500			1415 - 1445	S9A. Understanding the Root Cause - Pathology of Fetal Inflammatory Response Syndrome	S10A. SOFIE: Sonography Only and Few Internal Examinations for Normal Delivery			
1430 - 1500	Ultrasound to Improve Outcome of ELBW Infants – The Japanese Approach TETSUYA ISAYAMA  W1h: Securing & Care of		REGISTRATION	1500 - 1645	HOW TO USE PRECISION CARE – THE FUTURE CHAIRPERSON:	DW TO USE PRECISION CARE – THE FUTURE CHAIRPERSON: CHEONG SHU MENG CHEONG SHU		(FIRS) TAN GEOK CHIN	HENRICH WOLFGANG Germany			
1500 - 1530	PIVs and Central Catheter Access for Nutrition & Vasoactive Agents in ELBWs LILIAN NGO		W3: THE FIRST TRIMESTER ULTRASOUND PROGRAMME WILL BE CONFIRMED	1500 - 1530		S4A. Peripartum Considerations for GDM and Diabetic Pregnancies TAN LAY KOK Singapore	1445 _ 1515	S9B. Evidence-Based Approach to Management of Septicaemic Shock WONG ANN CHENG	S10B. Baby Born Flat CHOO YAO MUN			
1550 1550 1710	MONITORING & STABILISING THE ELBW HANDS – ON (4 Groups – swap q20 mins)		SOON!	1530 - 1600	S3B. Use of Metabolomics in Neonatal Nutrition – Examples from Cases CHEAH FOOK CHOE	S4B. Use of Metformin in Pregnancy FATHI RAMLY	1515 _ 1545	S9C. Step-by Step Haemodynamics for Assessment & Monitoring of the Septic Baby WONG CHEE SING	<b>S10C.</b> 3 <sup>rd</sup> & 4 <sup>th</sup> Degree Tears – How to Manage ALBERT TAN		VENUE: CONGRESS HALL 1: BA CONGRESS HALL 2: CEN' EXHIBITION: BALL	TRAL WALK 1 & 2
1550 - 1610 1610 -	Station 1: PICC Insertion & Care of the PICC Line LILIAN NGO/ NURSE  Station 2: Using Ultrasound to Guide Central Line			1600 - 1630	Forward  MAHESH CHOOLANI	S4C. Continuous Sugar Monitoring – Is it Better? NURAIN MOHD NOOR	1545 - 1600	Q&A Q&A				
1630 1630 - 1650	Insertion WONG CHEE SING  Station 3: The Japanese Approach for Ultrasound in ELBW infants TETSUYA ISAYAMA			1630 - 1645	Q&A Q&A		1600 _ 1715	CONGRESS HALL 2 ABSTRACT PRESENTATION- NEONATAL/ OBSTETRICS/ NURSING				
1650 - 1710	Station 4: Monitoring of ELBW status using vital signs and ultrasound AGNES TAN SUN MEE		END OF W3	1645	AFTERNOON TEA END DAY 1		1715	AFTERNOON TEA END DAY 2				
1710 - 1730	DISCUSSION & CONCLUSION ALL FACULTY END OF W1	1630	PRE-FUNCTION FOYER Registration for Congress	1700 - 1800	31st PSM ANNUAL GENERAL MEETING		1945	CONGRESS HALL 1 31ST PSM CONGRESS GALA DINNER				
							2230	APC				