THE 31st REGIONAL CONGRESS OF THE PERINATAL SOCIETY OF MALAYSIA 2025

Venue: Doubletree By Hilton Shah Alam I-City, Shah Alam, Selangor, Malaysia.

The Art & Science of Perinatal Health: Challenges, Strategies & Solutions

Time / Date	PRE-CONGRESS WORKSHOP Thursday 19th June 2025		
0745 - 0815	WORKSHOP REGISTRATION **W1: Comprehensive Care for Tiny Babies**	0800 – 0900	WORKSHOP REGISTRATION **W2: Team STEPPS® – An Introductory Training**
0815 - 0830	**Welcome & Introduction** AZANNA A KAMAR	0845 – 0900	Welcome & Introduction to TeamSTEPPS® ZALEHA MAHDY
0830 - 1045	**ESSENTIALS OF THE GOLDEN HOUR**	0900 – 0915	**Pre-Test:** Participants scan QR code to undertake a short quiz for baseline assessment of their existing knowledge on TeamSTEPPS®
0830 – 0915	W1a: How to Optimise the Golden Hour for the Tiny Baby – An Overview KHOO POH CHOO		
0915 – 0945	W1b: The First Barrier - Thermoregulation & Skin Care from the 1st Minute to Beyond YVONNE NG	0915 – 0930	**Briefing and Ice Breaking**
0945 – 1015	W1c: Guideline Comparison – Fluid Requirement in ELBWs AZANNA AHMAD KAMAR	0930 – 1000	**Learning Objectives and Introduction to TeamSTEPPS®**: Slides 4-8.
1015 – 1045	W1d: Strategies for Lung Recruitment and Rescue at Birth in ELBW infants WONG ANN CHENG		
1045 - 1115	**TEA BREAK**	1000 – 1015	**TEA BREAK**
1115 – 1145	W1e: Transporting the ELBW Infant – Problems & Troubleshooting ERIC ANG	1015 – 1100	**Communication:** Slides 9-17. Play video Slides 10 & 13. Role play Slides 11 and 16.
1145 - 1305	**THE GOLDEN HOUR `HANDS-ON'** (4 Groups – swap every 20 mins)	1100 - 1130	**Team Leadership:** Slides 18-24.
1145 – 1205	**Station 1:** The First Barrier - Thermoregulation, Humidity & Skin Care YVONNE NG/ NURSE	1130 – 1200	**Situation Monitoring:** Slides 25-31. Self reflection on Slide 29.
1205 - 1225	**Station 2:** Neurodevelopmental Care & Positioning for ELBW Infants KHOO POH CHOO/ NURSE	1200 - 1230	**Mutual Support:** Slides 32-41. Role play on Slides 37 and 40.
1225 - 1245	**Station 3:** Lung recruitment *- Early CPAP (enCPAP) for ELBW during resuscitation* WONG ANN CHENG/ AZANNA A KAMAR	1230 – 1245	**Debriefing / Take Home Messages:** Slides 42-44. Video from YouTube on Slide 44 (optional).
1245 - 1305	**Station 4:** Transporting the ELBW Neonate *– Initial settings and the set-up of transport incubator & ventilator* ERIC ANG/ LILIAN NGO	1245 – 1300	**Post-test and Closure**: Participants scan QR code to undertake a short quiz for re-assessment of their knowledge on TeamSTEPPS®.
1305 - 1400	**LUNCH**		**LUNCH**
1400 - 1530	**MONITORING & STABILISING THE ELBW**		REGISTRATION **W3: THE FIRST TRIMESTER ULTRASOUND** PROGRAMME WILL BE CONFIRMED SOON!
1400 – 1430	W1f: Nomograms and Red Flags for ELBWs: Making Sense of Vital Signs to Guide Decisions AGNES TAN SUN MEE		
1430 – 1500	W1g: Point of Care Ultrasound to Improve Outcome of ELBW Infants – The Japanese Approach TETSUYA ISAYAMA		
1500 - 1530	W1h: Securing & Care of PIVs and Central Catheter Access for Nutrition & Vasoactive Agents in ELBWs LILIAN NGO		
1530 – 1550	**TEA BREAK**		
1550 - 1710	**MONITORING & STABILISING THE ELBW HANDS – ON** (4 Groups – swap q20 mins)		
1550 – 1610	**Station 1:** PICC Insertion & Care of the PICC Line LILIAN NGO/ NURSE		
1610 – 1630	**Station 2:** Using Ultrasound to Guide Central Line Insertion WONG CHEE SING		
1630 – 1650	**Station 3:** The Japanese Approach for Ultrasound in ELBW infants TETSUYA ISAYAMA		
1650 – 1710	**Station 4:** Monitoring of ELBW status using vital signs and ultrasound AGNES TAN SUN MEE		**END OF W3**
1710 - 1730	**DISCUSSION & CONCLUSION** ALL FACULTY	1630	PRE-FUNCTION FOYER **Registration for Congress**
	END OF W1		

Time / Date	CONGRESS DAY 1 Friday 20th June 2025	
0730 - 0815	REGISTRATION **MORNING COFFEE**	
0815 - 0900	CONGRESS HALL 1 **P1. FAOPS PLENARY LECTURE** CHAIRPERSON: NEOH SIEW HONG **Reducing Stillbirths and Neonatal Deaths – The Way Forward** ADRIENNE GORDON *Australia*	
0900 - 1040	CONGRESS HALL 1 **SYMPOSIUM 1** **PERINATAL MORTALITY & MORBIDITY** CHAIRPERSON: ERIC ANG	CONGRESS HALL 2 **SYMPOSIUM 2** **PRETERM BIRTH & THE SMALL FETUS** CHAIRPERSON: FATHI RAMLY
0900 - 0930	**S1A.** Small Babies, Big Risk: Reducing Morbidities in Babies Born SGA ADRIENNNE GORDON *Australia*	**S2A.** Challenges in Prevention PIYA CHAEMSAITHONG *Thailand*
0930 - 1000	**S1B.** The Perinatal "Autopsy" – Lessons Learned TAN GEOK CHIN	**S2B.** Preterm Birth - Management Options JAMIYAH HASSAN
1000 - 1030	**S1C.** Medicolegal Aspects of Perinatal Loss KULENTHERAN ARUMUGAM	**S2C.** Doppler Assessment in Fetal Growth Restriction VOON HIAN YAN
1030 – 1040	**Q&A**	**Q&A**
1040 - 1100	**TEA BREAK**	
1100 – 1245	CONGRESS HALL 301 **OPENING CEREMONY** *Graced By* **THE HONOURABLE PSM PATRON** **YTM RAJA DATO' SERI ELEENA ALMARHUM SULTAN AZLAN SHAH** ****** **POSTER PRESENTATION SESSION** **AND** **VISIT TO EXHIBITION BOOTHS**	
1245 – 1415	**LUNCH SYMPOSIUM** CONGRESS HALL 1	**LUNCH SYMPOSIUM** CONGRESS HALL 2
1415 – 1500	CONGRESS HALL 1 **P2. OBSTETRICS PLENARY LECTURE** CHAIRPERSON: JAMIYAH HASSAN **Chitosan Tamponade: The Game Changer in The Treatment of Postpartum Haemorrhage** HENRICH WOLFGANG *Germany*	
1500 - 1645	CONGRESS HALL 1 **SYMPOSIUM 3** **HOW TO USE PRECISION CARE – THE FUTURE** CHAIRPERSON : CHEONG SHU MENG	CONGRESS HALL 2 **SYMPOSIUM 4** **DIABETES IN PREGNANCY** CHAIRPERSON: NADZRATULAIMAN W NORDIN
1500 – 1530	**S7A.** Clinical Utility of Perinatal Genomics – Examples from Cases THONG MEOW KEONG	**S4A.** Peripartum Considerations for GDM and Diabetic Pregnancies TAN LAY KOK *Singapore*
1530 - 1600	**S7A.** Use of Metabolomics in Neonatal Nutrition – Examples from Cases CHEAH FOOK CHOE	**S4B.** Use of Metformin in Pregnancy FATHI RAMLY
1600 – 1630	**S7A.** Artificial Intelligence in Perinatology – The Way Forward MAHESH CHOOLANI *Singapore*	**S4c.** Continuous Sugar Monitoring – Is it Better? NURAIN MOHD NOOR
1630 - 1645	**Q&A**	**Q&A**
1645	**AFTERNOON TEA END DAY 1**	
1700 - 1800	MEETING ROOM **22nd PSM ANNUAL GENERAL MEETING**	

Time / Date	CONGRESS DAY 2 Saturday 21st June 2025	
0730 - 0815	REGISTRATION **MORNING COFFEE**	
0815 - 0900	CONGRESS HALL 1 **P3. THE LATE DATO' DR. LIM NYOK LING MEMORIAL LECTURE** CHAIRPERSON: AZANNA A KAMAR **Management & Outcomes of Periviable Births: Japanese Experience & the i/AsianNEO Collaboration** TETSUYA ISAYAMA *Japan*	
0900 - 1040	CONGRESS HALL 1 **SYMPOSIUM 5** **THE TINY BABIES** CHAIRPERSON: IRENE CHEAH GUAT SIM	CONGRESS HALL 2 **SYMPOSIUM 6** **HYPERTENSIVE DISORDERS IN PREGNANCY** CHAIRPERSON: VOON HIAN YAN
0900 - 0930	**S5A.** Preterm Births <32 Weeks in Malaysia – Lessons Learned from the MNNR BOO NEM YUN	**S6A.** First Trimester Prediction and Prevention of Pre-Eclampsia PIYA CHAEMSAITHONG *Thailand*
0930 - 1000	**S5B.** Management of MicroPreemies – Experience Sharing & Evidence-Based Framework YVONNE NG *Singapore*	**S6B.** Aspirin & the Placenta JAMIYAH HASSAN
1000 - 1030	**S5C.** Guaranteeing Haemodynamic Stability of ELBW Neonates AGNES TAN SUN MEE	**S6C.** Maximising Pharmacotherapy TAN LAY KOK *Singapore*
1030 – 1040	**Q&A**	**Q&A**
1040 -1100	**TEA BREAK**	
1100 - 1245	CONGRESS HALL 1 **SYMPOSIUM 7** **FAMILY-INTEGRATED & FOLLOW-UP CARE** CHAIRPERSON: NEOH SIEW HONG	CONGRESS HALL 2 **SYMPOSIUM 8** **MODELS OF PATIENT & FAMILY-CENTRED CARE** CHAIRPERSON: LIM SENG KEAT
1100 – 1130	**S7A.** How to Initiate & Sustain Family Integrated Care (Fi Care) NEONATAL NURSE PRACTITIONER *Singapore*	**S8A.** Overview of Family Centred Care NADZRATULAIMAN WAN NORDIN
1130 - 1200	**S7B.** Post-Discharge Follow-Up for High-Risk Infants KHOO POH CHOO *Singapore*	**S8B.** Models of Perinatal Care in the Community CAROL LIM KK
1200 - 1230	**S7C.** Bereavement Counselling Post-Perinatal Loss: How Should This Be Done? ADRIENNE GORDON *Australia*	**S8C.** The ECHO Model of Patient-Centred Care in Perinatology ZALEHA MAHDY
1230 – 1245	**Q&A**	**Q&A**
1245 – 1415	**LUNCH SYMPOSIUM** CONGRESS HALL 1	**LUNCH SYMPOSIUM** CONGRESS HALL 2
1415 - 1600	CONGRESS HALL 1 **SYMPOSIUM 9** **SEPSIS IN NEWBORNS** CHAIRPERSON: AZANNA AHMAD KAMAR	CONGRESS HALL 1 **SYMPOSIUM 10** **THE DELIVERY SUITE** CHAIRPERSON: CAROL LIM KK
1415 – 1445	**S9A.** Understanding the Root Cause - Pathology of Fetal Inflammatory Response Syndrome (FIRS) TAN GEOK CHIN	**S10A.** SOFIE: Sonography Only and Few Internal Examinations for Normal Delivery HENRICH WOLFGANG *Germany*
1445 – 1515	**S9B.** Evidence-Based Approach to Management of Septicaemic Shock WONG ANN CHENG	**S10B.** Baby Born Flat CHOO YAO MUN
1515 – 1545	**S9C.** Step-by Step Haemodynamics for Assessment & Monitoring of the Septic Baby WONG CHEE SING	**S10C.** 3rd & 4th Degree Tears – How to Manage ALBERT TAN
1545 - 1600	**Q&A**	**Q&A**
1600 – 1715	CONGRESS HALL **ABSTRACT PRESENTATION- NEONATAL/ OBSTETRICS/ NURSING**	
1715	**AFTERNOON TEA END DAY 2**	
	CONGRESS ROOM 1 **31ST PSM CONGRESS GALA DINNER**	
1945 - 2230		

Time / Date	CONGRESS DAY 3 Sunday 22nd June 2025	
0730 - 0815	REGISTRATION **MORNING COFFEE**	
0815 - 0900	CONGRESS HALL 1 **P4. OBSTETRICS PLENARY LECTURE** CHAIRPERSON : ZALEHA MAHDY **Cardiac Diseases in Pregnancy – A Perinatal Perspective** TAN LAY KOK *Singapore*	
0900 - 1040	CONGRESS HALL 1 **SYMPOSIUM 11** **EMERGENCIES & STABILISING THE NEONATE** CHAIRPERSON: WONG ANN CHENG	CONGRESS HALL 2 **SYMPOSIUM 12** **OBSTETRIC EMERGENCIES** CHAIRPERSON: JAMIYAH HASSAN
0900 - 0930	**S11A.** The Bleeding Infant – Approach to Coagulopathy LILIAN NGO	**S12A.** Optimal Prenatal Diagnosis of Placenta Accreta Spectrum (PAS) SAVITREE PRANPANUS *Thailand*
0930 - 1000	**S11B.** Intrapartum Suctioning, Ventilation Strategies and Controversies in the Management of Meconium Aspiration Syndrome (MAS) ERIC ANG	**S12B.** Peripartum life-threatening diseases: amniotic fluid embolism and aortic dissection HENRICH WOLFGANG *Germany*
1000 - 1030	**S5C.** Tailor-Made Circulatory Management of Severe Persistent Pulmonary Hypertension of the Newborn (PPHN) TETSUYA ISAYAMA *Japan*	**S12C.** Treatment Options for Placenta Accreta Spectrum SAVITREE PRANPANUS *Thailand*
1030 – 1040	**Q&A**	**Q&A**
1040 -1100	**TEA BREAK**	
1100 - 1210	CONGRESS HALL 1 **SYMPOSIUM 13** **Immune Health & Nutrition** CHAIRPERSON: CHEAH FOOK CHOE	CONGRESS HALL 2 **SYMPOSIUM 14** **Gynaecological Conditions in Obstetrics** CHAIRPERSON: ZALEHA MAHDY
1100 – 1130	**S13B.** Enhancing Immunity with Early Nutrition – Early Colostrum & Antenatally Expressed Breast Milk KARTIKA DARMA HANDAYANI *Indonesia*	**S14A.** Caesarean Scar Ectopic JAMIYAH HASSAN **S14B.** Ovarian Cyst in Pregnancy – Remove, Or Not? VOON HIAN YAN
1130 – 1200	**S13A.** Evidence-Based TPN Prescription: How Best to Determine Nutrition Requirements YVONNE NG *Singapore*	**S14B.** Value of Placental Examination – An Autopsy for Obstetricans PIYA CHAMESAITHONG *Thailand*
1200 - 1210	**Q&A**	**Q&A**
1210 - 1310	CONGRESS HALL 1 **FORUM** CHAIRPERSONS: AZANNA AHMAD KAMAR & JAMIYAH HASSAN **The Mother, Her Fetus & The Society: The Ethics of Saving Periviable Births (22 to <26 Weeks GA)** ROY JOSEPH, *Singapore* CAROL LIM KAR KOONG, *Malaysia* MANEET KAUR, *Malaysia*	
	END OF CONGRESS	