



THE 31ST REGIONAL CONGRESS OF THE PERINATAL SOCIETY OF MALAYSIA 2025

Venue: Doubletree By Hilton Shah Alam I-City, Shah Alam, Selangor, Malaysia.

The Art & Science of Perinatal Health: Challenges, Strategies & Solutions

Time / Date	Time/ Date	Time / Date	Date	Time / Date	CONGRESS DAY 1 Friday 20 th June 2025	Time/ Date	CONGRESS DAY 2 Saturday 21 st June 2025	Time / Date	CONGRESS DAY 3 Sunday 22 nd June 2025												
0745 - 0815	WORKSHOP REGISTRATION W1: Comprehensive Care for Tiny Babies	0800 - 0900	WORKSHOP REGISTRATION W2: Team STEPPS® – An Introductory Training	0730 - 0815	REGISTRATION MORNING COFFEE	0730 - 0815	REGISTRATION MORNING COFFEE	0730 - 0815	REGISTRATION MORNING COFFEE												
0815 - 0830	Welcome & Introduction AZANNA A KAMAR	0845 - 0900	Welcome & Introduction to TeamSTEPPS® ZALEHA MAHDY	0815 - 0900	CONGRESS HALL 1 P1. FAOPS PLENARY LECTURE CHAIRPERSON : NEOH SIEW HONG Reducing Stillbirths and Neonatal Deaths – The Way Forward ADRIENNE GORDON <i>Australia</i>		CONGRESS HALL 1 P3. THE LATE DATO' DR. LIM NYOK LING MEMORIAL LECTURE CHAIRPERSON: AZANNA A KAMAR Management & Outcomes of Periviable Births: Japanese Experience & the i/AsiaNEO Collaboration TETSUYA ISAYAMA <i>Japan</i>		CONGRESS HALL 1 P4. OBSTETRICS PLENARY LECTURE CHAIRPERSON : ZALEHA MAHDY Cardiac Diseases in Pregnancy – A Perinatal Perspective TAN LAY KOK <i>Singapore</i>												
0830 - 1045	ESSENTIALS OF THE GOLDEN HOUR	0900 - 0915	Pre-Test: Participants scan QR code to undertake a short quiz for baseline assessment of their existing knowledge on TeamSTEPPS®		0900-1040	CONGRESS HALL 1 SYMPOSIUM 1 PERINATAL MORTALITY & MORBIDITY CHAIRPERSON: ERIC ANG	CONGRESS HALL 2 SYMPOSIUM 2 PRETERM BIRTH & THE SMALL FETUS CHAIRPERSON: FATHI RAMLY	CONGRESS HALL 1 SYMPOSIUM 5 THE TINY BABIES CHAIRPERSON : IRENE CHEAH GUAT SIM	CONGRESS HALL 2 SYMPOSIUM 6 HYPERTENSIVE DISORDERS IN PREGNANCY CHAIRPERSON: VOON HIAN YAN	0900-1040	CONGRESS HALL 1 SYMPOSIUM 11 EMERGENCIES & STABILISING THE NEONATE CHAIRPERSON: WONG ANN CHENG	CONGRESS HALL 2 SYMPOSIUM 12 OBSTETRIC EMERGENCIES CHAIRPERSON: JAMIYAH HASSAN									
0830 - 0915	W1a: How to Optimise the Golden Hour for the Tiny Baby – An Overview KHOO POH CHOO					W1b: The First Barrier - Thermoregulation & Skin Care from the 1 st Minute to Beyond YVONNE NG	0915 - 0930	Briefing and Ice Breaking	0900-0930	W1c: Guideline Comparison – Fluid Requirement in ELBWs AZANNA AHMAD KAMAR	0930 - 1000	Learning Objectives and Introduction to TeamSTEPPS®: Slides 4-8.	0900-0930	S1A. Small Babies, Big Risk: Reducing Morbidities in Babies Born SGA ADRIENNE GORDON <i>Australia</i>	0900-0930	S2A. Challenges in Prevention PIYA CHAEMSAITHONG <i>Thailand</i>	0900-0930	S5A. Preterm Births <32 Weeks in Malaysia – Lessons Learned from the MNMR BOO NEM YUN	0900-0930	S6A. First Trimester Prediction and Prevention of Pre-Eclampsia PIYA CHAEMSAITHONG <i>Thailand</i>	0900-0930
1015 - 1045	W1d: Strategies for Lung Recruitment and Rescue at Birth in ELBW infants WONG ANN CHENG	1000 - 1015	TEA BREAK	0930-1000		S1B. The Perinatal "Autopsy" – Lessons Learned TAN GEOK CHIN	0930-1000	S2B. Preterm Birth - Management Options JAMIYAH HASSAN	0930-1000	S5B. Management of MicroPreemies – Experience Sharing & Evidence-Based Framework YVONNE NG <i>Singapore</i>	0930-1000	S6B. Aspirin & the Placenta JAMIYAH HASSAN	0930-1000	S11B. Intrapartum Suctioning, Ventilation Strategies and Controversies in the Management of Meconium Aspiration Syndrome (MAS) ERIC ANG	0930-1000	S12B. Peripartum life-threatening diseases: amniotic fluid embolism and aortic dissection HEINRICH WOLFGANG <i>Germany</i>					
1115 - 1145	W1e: Transporting the ELBW Infant – Problems & Troubleshooting ERIC ANG	1015 - 1100	Communication: Slides 9-17. Play video Slides 10 & 13. Role play Slides 11 and 16.	1000-1030	S1C. Medicolegal Aspects of Perinatal Loss KULENTERAN ARUMUGAM	1000-1030	S2C. Doppler Assessment in Fetal Growth Restriction VOON HIAN YAN	1000-1030	S5C. Guaranteeing Haemodynamic Stability of the MicroPreemie AGNES TAN SUN MEE	1000-1030	S6C. Maximising Pharmacotherapy TAN LAY KOK <i>Singapore</i>	1000-1030	S5C. Tailor-Made Circulatory Management of Severe Persistent Pulmonary Hypertension of the Newborn (PPHN) TETSUYA ISAYAMA <i>Japan</i>	1000-1030	S12C. Surgical Options in the Management of Placenta Accreta ROZI ARYANANDA <i>Indonesia</i>						
1145 - 1305	THE GOLDEN HOUR 'HANDS-ON' (4 Groups – swap every 20 mins)	1100 - 1130	Team Leadership: Slides 18-24.	1030 - 1040	Q&A	1030 - 1040	Q&A	1030 - 1040	Q&A	1030 - 1040	Q&A	1030 - 1040	Q&A	1030 - 1040	Q&A						
1145 - 1205	Station 1: The First Barrier - Thermoregulation, Humidity & Skin Care YVONNE NG/ NURSE	1130 - 1200	Situation Monitoring: Slides 25-31. Self reflection on Slide 29.	CONGRESS HALL 301 OPENING CEREMONY <i>Graced By</i> THE HONOURABLE PSM PATRON YTM RAJA DATO' SERI ELEENA ALMARHUM SULTAN AZLAN SHAH ***** POSTER PRESENTATION SESSION AND VISIT TO EXHIBITION BOOTHS		1100 - 1245	CONGRESS HALL 1 SYMPOSIUM 7 FAMILY-INTEGRATED & FOLLOW-UP CARE CHAIRPERSON: NEOH SIEW HONG	1100 - 1210	CONGRESS HALL 2 SYMPOSIUM 8 MODELS OF PATIENT & FAMILY-CENTRED CARE CHAIRPERSON: LIM SENG KEAT	1100 - 1210	CONGRESS HALL 1 SYMPOSIUM 13 Immune Health & Nutrition CHAIRPERSON : CHEAH FOOK CHOE	1100 - 1210	CONGRESS HALL 2 SYMPOSIUM 14 Gynaecological Conditions in Obstetrics CHAIRPERSON: ZALEHA MAHDY								
1205 - 1225	Station 2: Neurodevelopmental Care & Positioning for ELBW Infants KHOO POH CHOO/ NURSE	1200 - 1230	Mutual Support: Slides 32-41. Role play on Slides 37 and 40.	1100 - 1130	S7A. How to Initiate & Sustain Family Integrated Care (Fi Care) NEONATAL NURSE PRACTITIONER <i>Singapore</i>	1100 - 1130	S7B. Post-Discharge Follow-Up for High-Risk Infants KHOO POH CHOO <i>Singapore</i>	1100 - 1130	S8A. Overview of Family Centred Care NADZRATULAIMAN WAN NORDIN	1100 - 1130	S13B. Enhancing Immunity with Early Nutrition – Early Colostrum & Antenatally Expressed Breast Milk KARTIKA DARMA HANDAYANI <i>Indonesia</i>	1100 - 1130	S14A. Caesarean Scar Ectopic JAMIYAH HASSAN								
1225 - 1245	Station 3: Lung recruitment - Early CPAP (enCPAP) for ELBW during resuscitation WONG ANN CHENG/ AZANNA A KAMAR	1230 - 1245	Debriefing / Take Home Messages: Slides 42-44. Video from YouTube on Slide 44 (optional).	1130 - 1200	S7B. Post-Discharge Follow-Up for High-Risk Infants KHOO POH CHOO <i>Singapore</i>	1130 - 1200	S8B. Models of Perinatal Care in the Community CAROL LIM KK	1130 - 1200	S13A. Evidence-Based TPN Prescription: How Best to Determine Nutrition Requirements YVONNE NG <i>Singapore</i>	1130 - 1200	S14B. Ovarian Cyst in Pregnancy – Remove, Or Not? VOON HIAN YAN	1130 - 1200	S14B. Value of Placental Examination – An Autopsy for Obstetricians PIYA CHAMESAITHONG <i>Thailand</i>								
1245 - 1305	Station 4: Transporting the ELBW Neonate – Initial settings and the set-up of transport incubator & ventilator ERIC ANG/ LILIAN NGO	1245 - 1300	Post-test and Closure: Participants scan QR code to undertake a short quiz for re-assessment of their knowledge on TeamSTEPPS®.	1200 - 1210	Q&A	1200 - 1210	Q&A	1200 - 1210	Q&A	1210 - 1310	CONGRESS HALL 1 FORUM CHAIRPERSONS: AZANNA AHMAD KAMAR & JAMIYAH HASSAN The Mother, Her Fetus & The Society: The Ethics of Saving Periviable Births (22 to <26 Weeks GA) CAROL LIM KAR KOONG, <i>Malaysia</i> MANEET KAUR, <i>Malaysia</i> BIOETHICIST										
1305 - 1400	LUNCH	LUNCH	LUNCH	1245-1415	LUNCH SYMPOSIUM (PFIZER) CONGRESS HALL 1	1245 - 1415	LUNCH SYMPOSIUM (SANOFI) CONGRESS HALL 1	1245 - 1415	LUNCH SYMPOSIUM CONGRESS HALL 2	END OF CONGRESS											
1400 - 1530	MONITORING & STABILISING THE ELBW	PROGRAMME WILL BE CONFIRMED SOON!	REGISTRATION W3: THE FIRST TRIMESTER ULTRASOUND	1415 - 1500	CONGRESS HALL 1 P2. OBSTETRICS PLENARY LECTURE CHAIRPERSON : JAMIYAH HASSAN Chitosan Tamponade: The Game Changer in The Treatment of Postpartum Haemorrhage HEINRICH WOLFGANG <i>Germany</i>		1415 - 1600	CONGRESS HALL 1 SYMPOSIUM 9 SEPSIS IN NEWBORNS CHAIRPERSON: AZANNA AHMAD KAMAR	1415 - 1600	CONGRESS HALL 1 SYMPOSIUM 10 THE DELIVERY SUITE CHAIRPERSON: CAROL LIM KK											
1400 - 1430	W1f: Nomograms and Red Flags for ELBWs: Making Sense of Vital Signs to Guide Decisions AGNES TAN SUN MEE			1415 - 1445	S9A. Understanding the Root Cause - Pathology of Fetal Inflammatory Response Syndrome (FIRS) TAN GEOK CHIN	1415 - 1445	S10A. SOFIE: Sonography Only and Few Internal Examinations for Normal Delivery HEINRICH WOLFGANG <i>Germany</i>														
1430 - 1500	W1g: Point of Care Ultrasound to Improve Outcome of ELBW Infants – The Japanese Approach TETSUYA ISAYAMA			1500 - 1645	CONGRESS HALL 1 SYMPOSIUM 3 HOW TO USE PRECISION CARE – THE FUTURE CHAIRPERSON : CHEONG SHU MENG	1500 - 1530	S4A. Peripartum Considerations for GDM and Diabetic Pregnancies TAN LAY KOK <i>Singapore</i>	1500 - 1530	S9B. Evidence-Based Approach to Management of Septicaemic Shock WONG ANN CHENG	1500 - 1530	S10B. Baby Born Flat CHOO YAO MUN										
1500 - 1530	W1h: Securing & Care of PIVs and Central Catheter Access for Nutrition & Vasoactive Agents in ELBWs LILIAN NGO			1530 - 1600	S7A. Use of Metabolomics in Neonatal Nutrition – Examples from Cases CHEAH FOOK CHOE	1530 - 1600	S4B. Use of Metformin in Pregnancy FATHI RAMLY	1530 - 1600	S9C. Step-by Step Haemodynamics for Assessment & Monitoring of the Septic Baby WONG CHEE SING	1530 - 1600	S10C. 3 rd & 4 th Degree Tears – How to Manage ALBERT TAN										
1530 - 1550	TEA BREAK			1600 - 1630	S7A. Artificial Intelligence in Perinatology – The Way Forward MAHESH CHOOLANI <i>Singapore</i>	1545 - 1600	Q&A	1545 - 1600	Q&A	1545 - 1600	Q&A										
1550 - 1710	MONITORING & STABILISING THE ELBW HANDS – ON (4 Groups – swap q20 mins)			1630 - 1645	Q&A	1600 - 1630	Q&A	1600 - 1630	CONGRESS HALL ABSTRACT PRESENTATION- NEONATAL/ OBSTETRICS/ NURSING												
1550 - 1610	Station 1: PIVC Insertion & Care of the PIVC Line LILIAN NGO/ NURSE			1630 - 1645	Q&A	1630 - 1645	Q&A	1630 - 1645	Q&A	1630 - 1645	Q&A										
1610 - 1630	Station 2: Using Ultrasound to Guide Central Line Insertion WONG CHEE SING			1630 - 1645	Q&A	1630 - 1645	Q&A	1630 - 1645	Q&A	1630 - 1645	Q&A										
1630 - 1650	Station 3: The Japanese Approach for Ultrasound in ELBW infants TETSUYA ISAYAMA			1630 - 1645	Q&A	1630 - 1645	Q&A	1630 - 1645	Q&A	1630 - 1645	Q&A										
1650 - 1710	Station 4: Monitoring of ELBW status using vital signs and ultrasound AGNES TAN SUN MEE			1645	END OF W3	1645	AFTERNOON TEA END DAY 1	1715	AFTERNOON TEA END DAY 2												
1710 - 1730	DISCUSSION & CONCLUSION END OF W1	1630	PRE-FUNCTION FOYER Registration for Congress	1700 - 1800	MEETING ROOM 22 nd PSM ANNUAL GENERAL MEETING	1945 - 2230	CONGRESS ROOM 1 31 ST PSM CONGRESS GALA DINNER														