



THE 31ST REGIONAL CONGRESS OF THE PERINATAL SOCIETY OF MALAYSIA 2025

Venue: Doubletree By Hilton Shah Alam I-City, Shah Alam, Selangor, Malaysia.

The Art & Science of Perinatal Health: Challenges, Strategies & Solutions

Time / Date	PRE-CONGRESS WORKSHOP Thursday 19th June 2025		Time / Date	CONGRESS DAY 1 Friday 20 th June 2025		Time / Date	CONGRESS DAY 2 Saturday 21 st June 2025		Time / Date	CONGRESS DAY 3 Sunday 22 nd June 2025									
0745 - 0815	WORKSHOP REGISTRATION BALLROOM B W1: Comprehensive Care for Tiny Babies	0800 - 0900	WORKSHOP REGISTRATION BALLROOM C W2: Team STEPPS® - An Introductory Training	0730 - 0815	REGISTRATION MORNING COFFEE	0730 - 0815	REGISTRATION MORNING COFFEE	0730 - 0815	REGISTRATION MORNING COFFEE										
0815 - 0830	Welcome & Introduction AZANNA A KAMAR	0815 - 0830	Welcome & Introduction to TeamSTEPPS® ZALEHA MAHDY	0815 - 0900	GRAND BALLROOM P1. FAOPS PLENARY LECTURE CHAIRPERSON: NEOH SIEW HONG Reducing Stillbirths and Neonatal Deaths – The Way Forward ADRIENNE GORDON Australia	0815 - 0900	GRAND BALLROOM P3. THE LATE DATO' DR. LIM NYOK LING MEMORIAL LECTURE CHAIRPERSON: AZANNA A KAMAR Management & Outcomes of Perivable Births - Japanese Experience & the i/AsianNEO Collaboration TETSUYA ISAYAMA Japan	0815 - 0900	GRAND BALLROOM P4. OBSTETRICS PLENARY LECTURE CHAIRPERSON: ZALEHA MAHDY Cardiac Diseases in Pregnancy – A Perinatal Perspective TAN LAY KOK Singapore										
0830 - 1045	ESSENTIALS OF THE GOLDEN HOUR	0830 - 0845	Team Strategies & Tools to Enhance Performance and Patient Safety [TeamSTEPPS®] Pre-Test: Short Quiz – Baseline Assessment of TeamSTEPPS®																
0830 - 0915	W1a: How to Optimise the Golden Hour for the Tiny Baby – An Overview QUEK BIN HUEY Singapore																		
0915 - 0945	W1b: The First Barrier - Thermoregulation & Skin Care from the 1 st Minute to Beyond YVONNE NG Singapore	0845 - 0900	Briefing and Ice Breaking	0900 - 1040	GRAND BALLROOM SYMPOSIUM 1 PERINATAL MORTALITY & MORBIDITY CHAIRPERSON: ERIC ANG	0900 - 1040	CENTRAL WALK SYMPOSIUM 2 PRETERM BIRTH & THE SMALL FETUS CHAIRPERSON: FATHI RAMLY	0900 - 1040	GRAND BALLROOM SYMPOSIUM 5 THE TINY BABIES CHAIRPERSON: IRENE CHEAH GUAT SIM	0900 - 1040	CENTRAL WALK SYMPOSIUM 6 HYPERTENSIVE DISORDERS IN PREGNANCY CHAIRPERSON: VOON HIAN YAN								
0945 - 1015	W1c: Guideline Comparison – Fluid Requirement in ELBWs AZANNA AHMAD KAMAR	0900 - 0930	Learning Objectives and Introduction to TeamSTEPPS®	0900 - 0930	S1A. Small Babies, Big Risk: Reducing Morbidities in Babies Born SGA ADRIENNE GORDON Australia	0900 - 0930	S2A. Challenges in Prevention PIYA CHAEMSAITHONG Thailand	0900 - 0930	S5A. Preterm Births <32 Weeks in Malaysia – Lessons Learned from the MNNR BOO NEM YUN	0900 - 0930	S6A. First Trimester Prediction & Prevention of Pre-Eclampsia PIYA CHAEMSAITHONG Thailand								
1015 - 1045	W1d: Strategies for Lung Recruitment and Rescue at Birth in ELBW infants WONG ANN CHENG	0930 - 1000	Communication & Role Play Session	0930 - 1000	S1B. The Perinatal "Autopsy" – Lessons Learned TAN GEOK CHIN	0930 - 1000	S2B. Preterm Births: Management Options JAMIYAH HASSAN	0930 - 1000	S5B. Management of MicroPreemies – Experience Sharing & Evidence-Based Framework YVONNE NG Singapore	0930 - 1000	S6B. Aspirin & the Placenta JAMIYAH HASSAN								
1045 - 1115	W1e: Transporting the ELBW Infant – Problems & Troubleshooting ERIC ANG	1000 - 1030	Team Leadership																
1115 - 1140	TEA BREAK	1030 - 1045	TEA BREAK	1000 - 1030	S1C. Medicolegal Aspects of Perinatal Loss KULENTERAN ARUMUGAM	1000 - 1030	S2C. Doppler Assessment in Fetal Growth Restriction VOON HIAN YAN	1000 - 1030	S5C. Guaranteeing Haemodynamic Stability of ELBW Neonates AGNES TAN SUN MEE	1000 - 1030	S6C. Maximising Pharmacotherapy TAN LAY KOK Singapore								
1140 - 1300	THE GOLDEN HOUR "HANDS-ON" (4 Groups – swap q20 mins)	1045 - 1115	Situation Monitoring & Self Reflection.	1030 - 1040	Q&A	1030 - 1040	Q&A	1030 - 1040	Q&A	1030 - 1040	Q&A								
				1040 - 1100	TEA BREAK		TEA BREAK		TEA BREAK		TEA BREAK								
1140 - 1200	Station 1: The First Barrier - Thermoregulation, Humidity & Skin Care YVONNE NG Singapore & NURUL HUDA SULAIMAN	1115 - 1145	Mutual Support: Role play	1100 - 1245	GRAND BALLROOM OPENING CEREMONY <i>Graced By</i> THE HONOURABLE PSM PATRON YTM RAJA DATO' SERI ELEENA ALMARHUM SULTAN AZLAN SHAH ***** BALLROOM A EXHIBITION BOOTHS VISIT AND CENTRAL WALK POSTER PRESENTATION SESSION		1100 - 1245	GRAND BALLROOM SYMPOSIUM 7 FAMILY-INTEGRATED & FOLLOW-UP CARE CHAIRPERSON: NEOH SIEW HONG	1100 - 1245	CENTRAL WALK SYMPOSIUM 8 MODELS OF PATIENT & FAMILY-CENTRED CARE CHAIRPERSON: LIM SENG KEAT	1100 - 1210	GRAND BALLROOM SYMPOSIUM 13 Immune Health & Nutrition CHAIRPERSON: CHEAH FOOK CHOE	CENTRAL WALK SYMPOSIUM 14 Gynaecological Conditions in Obstetrics CHAIRPERSON: ZALEHA MAHDY						
1200 - 1220	Station 2: Neurodevelopmental Care & Positioning for ELBW Infants SHELLY ANNE SHERWOOD/ RAJAMMAL KALIAPPAN Singapore	1145 - 1200	Debriefing & Take Home Messages		1100 - 1130	S7A. How to Initiate & Sustain Family Integrated Care (Fi Care) RAJAMMAL KALIAPPAN Singapore								1100 - 1130	S8A. Overview of Family Centred Care NADZRATULAIMAN WAN NORDIN	1100 - 1130	S13A. Enhancing Immunity with Early Nutrition – Early Colostrum & Antenatally Expressed Breast Milk KARTIKA DARMA HANDAYANI Indonesia	1100 - 1130	S14A. Caesarean Scar Ectopic JAMIYAH HASSAN
1220 - 1240	Station 3: Lung recruitment - Early CPAP (enCPAP) for ELBW during resuscitation WONG ANN CHENG/ AZANNA A KAMAR	1200 - 1215	Post-test Quiz and Closure Assessment of knowledge on TeamSTEPPS®.		1130 - 1200	S7B. Post-Discharge Follow-Up for High-Risk Infants QUEK BIN HUEY Singapore								1130 - 1200	S8B. Models of Perinatal Care in the Community CAROL LIM KK	1130 - 1200	S13B. Evidence-Based TPN Prescription: How Best to Determine Nutrition Requirements YVONNE NG Singapore	1130 - 1200	S14B. Ovarian Cyst in Pregnancy – Remove, Or Not? VOON HIAN YAN
1240 - 1300	Station 4: Transporting the ELBW Neonate – Initial settings and the set-up of transport incubator & ventilator ERIC ANG/ LILIAN NGO				1200 - 1210	S7C. Bereavement Counselling Post-Perinatal Loss: How Should This Be Done? ADRIENNE GORDON Australia								1200 - 1210	S8C. The ECHO Model of Patient-Centred Care in Perinatology ZALEHA MAHDY	1200 - 1210	GRAND BALLROOM SYMPOSIUM 9 SEPSIS IN NEWBORNS CHAIRPERSON: AZANNA AHMAD KAMAR	1200 - 1210	S10A. SOFIE: Sonography Only and Few Internal Examinations for Normal Delivery HENRICH WOLFGANG Germany
1300 - 1400	LUNCH	1215 - 1300	END OF W2 LUNCH	1215 - 1300	REGISTRATION W3: ULTRASOUND IN THE FIRST TRIMESTER	1215 - 1300	REGISTRATION W3: ULTRASOUND IN THE FIRST TRIMESTER	1215 - 1300	REGISTRATION W3: ULTRASOUND IN THE FIRST TRIMESTER	1215 - 1300	REGISTRATION W3: ULTRASOUND IN THE FIRST TRIMESTER								
1400 - 1530	MONITORING & STABILISING THE ELBW	1300 - 1730		1400 - 1430	W1f: Nomograms and Red Flags for ELBWs: Making Sense of Vital Signs to Guide Decisions AGNES TAN SUN MEE	1400 - 1430	W3a: 11-14 Ultrasound scanning- ISUOG Guidelines VOON HIAN YAN	1400 - 1430	W3b: Nuchal Translucency & Ductus NADZRATULAIMAN WAN NORDIN	1400 - 1430	W3c: Pre-eclampsia Screening in 1 st Trimester FATHI RAMLY								
1400 - 1430	W1g: Point of Care Ultrasound to Improve Outcome of ELBW Infants – The Japanese Approach TETSUYA ISAYAMA	1320 - 1340		1415 - 1500	W1h: Securing & Care of PIVs and Central Catheter Access for Nutrition & Vasoactive Agents in ELBWs LILIAN NGO	1415 - 1500	W3d: 1 st Trimester Fetal Abnormalities JAMIYAH HASSAN	1415 - 1500	W3e: Artificial Intelligence in Perinatology – The Way Forward QUEK YEK SONG	1415 - 1500	W3f: Artificial Intelligence in Perinatology – The Way Forward QUEK YEK SONG								
1430 - 1500		1420 - 1440		1415 - 1500		1415 - 1500		1415 - 1500		1415 - 1500									
1500 - 1530		1420 - 1440		1415 - 1500		1415 - 1500		1415 - 1500		1415 - 1500									
1530 - 1550	TEA BREAK	1440 - 1500	TEA BREAK	1500 - 1645	GRAND BALLROOM SYMPOSIUM 3 HOW TO USE PRECISION CARE – THE FUTURE CHAIRPERSON: CHEONG SHU MENG	1500 - 1645	CENTRAL WALK SYMPOSIUM 4 DIABETES IN PREGNANCY CHAIRPERSON: NADZRATULAIMAN W NORDIN	1445 - 1515	S9B. Evidence-Based Approach to Management of Septicaemic Shock WONG ANN CHENG	1445 - 1515	S10B. Baby Born Flat CHOO YAO MUN								
1550 - 1710	MONITORING & STABILISING THE ELBW HANDS – ON (4 Stations – swap q20mins)	1500 - 1730	HANDS-ON ULTRASOUND IN THE FIRST TRIMESTER (4 Groups)	1500 - 1530	S3A. Clinical Utility of Perinatal Genomics – Examples from Cases THONG MEOW KEONG	1500 - 1530	S4A. Peripartum Considerations for GDM and Diabetic Pregnancies TAN LAY KOK Singapore	1515 - 1545	S9C. Step-by Step Haemodynamics for Assessment & Monitoring of the Septic Baby WONG CHEE SING	1515 - 1545	S10C. 3 rd & 4 th Degree Tears – How to Manage ALBERT TAN								
1550 - 1610	W1. Station 1: PICC Insertion & Care of the PICC Line LILIAN NGO & NURUL HUDA SULAIMAN	1500 - 1715	Hands-On Station Activities • Crown-Rump Length (CRL) • Nuchal Translucency • Fetal Heart Rate • Ductus • Uterine Artery • 1 st Trimester Anomaly Scan	1530 - 1600	S3B. Use of Metabolomics in Neonatal Nutrition – Examples from Cases CHEAH FOOK CHOE	1530 - 1600	S4B. Use of Metformin in Pregnancy FATHI RAMLY	1545 - 1600	Q&A	1545 - 1600	Q&A								
1610 - 1630	W1. Station 2: Ultrasound Guided UVC Insertion (Tips & Tricks to Avoid Malposition) WONG CHEE SING			1600 - 1630	S3C. Artificial Intelligence in Perinatology – The Way Forward QUEK YEK SONG	1600 - 1630	S4C. Continuous Sugar Monitoring – Is it Better? NURAIN MOHD NOOR	1600 - 1630	Q&A	1600 - 1630	Q&A	1600 - 1630	Q&A						
1630 - 1650	W1. Station 3: The Japanese Approach for Ultrasound in ELBW infants TETSUYA ISAYAMA			1630 - 1645	ALL FACULTY	1630 - 1645	Q&A	1630 - 1645	Q&A	1630 - 1645	Q&A	1630 - 1645	Q&A						
1650 - 1710	W1. Station 4: Monitoring of ELBW status using vital signs and ultrasound AGNES TAN SUN MEE					1645	AFTERNOON TEA END DAY 1		1645	AFTERNOON TEA END DAY 2									
1710 - 1730	CONCLUSION ALL FACULTY	1715 - 1730	CONCLUSION ALL FACULTY	1715 - 1730	AFTERNOON TEA END DAY 1		1715 - 1730	AFTERNOON TEA END DAY 2											
1730	END OF W1	1730	END OF W3	1700 - 1800	MEETING ROOM 31 ST PSM ANNUAL GENERAL MEETING		1700 - 1800	GRAND BALLROOM 31 ST PSM CONGRESS GALA DINNER											

VENUE:
GRAND BALLROOM = BALLROOM B & C
CENTRAL WALK = CENTRAL WALK 1 & 2
EXHIBITION = BALLROOM A